Prep Cooking Program  
*(Term One: Weeks 4-8)*

14th February 2017

Dear Parents/Guardians

Over the term the Prep grades will be participating in cooking experiences to assist with their language and writing development. The cooking experiences are linked to the letter and sound that we are focusing on during the week and are aimed at developing children’s social, language and writing skills. Below is a list of experiences the students may participate in over the term. Each grade may only choose to cook a few items over the term.

In Week Four (20/2/17) children will make Smoothies. The ingredients that will be used for:

**Smoothies**
- Bananas
- Aeroplane Strawberry topping
- Coles Full Cream Milk

In Week Five (27/2/17) children will make Toast. The ingredients that will be used for:

**Toast**
- Coles White Toast Bread
- Original Flora Margarine
- Cottee’s Strawberry Jam
- Vegemite

In Week Six (6/3/17) children will make Popcorn. The ingredients that will be used for are:

**Popcorn**
- Riviana Popping Corn
- Coles Butter
- Coles Table salt
In Week Seven (13/3/17) children will make Chocolate Muffins or a Mars Bar slice. The ingredients that will be used for:

**Chocolate Muffins**
- Betty Crocker Chocolate Muffins
- Coles Canola Oil
- Coles Free Range Eggs
- Coles Full Cream Milk

**Mars Bar Slice**
- Mars bars
- Coles Butter
- Coles Rice Puffs

In Week Eight (20/3/17) children will make Honey Joys. The ingredients that will be used for Honey Joys are:

**Honey Joys**
- Coles Corn flakes
- Coles Honey
- Coles White Sugar
- Coles Butter

Should you have any concerns about your child participating in the Prep Cooking program, please contact your classroom teacher. Can you please return the signed note to your classroom teacher by **Thursday the 23rd February**.

Thank You

Prep Teachers

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**Prep Cooking Program - Term One**

I, ______________________________________________________________, (please tick) give __________ do not give ______ permission for my child ____________________________ in grade ________ to participate in the following cooking activities (please tick activities):

☐ Smoothie Making  ☐ Toast Making  ☐ Popcorn Making
☐ Muffin Making  ☐ Mars Bar Slice Making  ☐ Honey Joy Making

Parent/Guardian (Sign): ____________________________ Date: __________________