From the Principal

Dear Parents / Guardians

WELCOME

Welcome back to everyone after the term 3 break. I have had an enjoyable break returning from Europe. Thanks to Mrs O’Connor, Mr Moodley and Mrs Lockwood for their support. We warmly welcome our new children and families who have joined Seabrook this week. We hope you will settle in easily. Seabrook is a very friendly and open-minded community.

Term 4 is here and this is always a busy term as we work towards the end of this school year and plan for the new school year. Staff will be working on classes for next year and we require notification if your family will not be attending Seabrook after 2016, please fill in the form located on page 13 or collect the form from the front office. It is important to get our student numbers right so that classes created can be balanced. Please let us know if there are any special considerations relating to your child’s class for next year.

PARENT INFORMATION ON CHILD SAFETY

We are inviting parents to the school on Thursday 13th of October for an information session. We are currently working with Child Wise, one of Australia’s leading child abuse prevention organisations, to implement the program, which has been designed to provide children with the skills to know what to do in situations where they may be at risk of harm. Sadly, there are times when we cannot be there to provide protection for our children. Therefore, we believe it is very important, as a school community, that we do everything we can to provide our children with skills in self-protection.

What Is Personal Safety?

Personal Safety is the building up of children’s resilience and confidence in order for them to problem solve and identify strategies to prevent them from harm and abuse. Personal Safety strategies teach children how to identify and avoid risky situations. The program empowers and educates children to identify and speak up about situations such as:

- abuse
- grooming
- bullying
- risk-taking behaviours.

Why a Personal Safety Program?

- We want children to be safe, able to identify what is right and wrong, and what to do if they have concerns.
- We want children to take notice of their feelings. This will enable them to respond safely to worrying feelings, people who make them feel uncomfortable, and concerning behaviour.
- We want them to develop good observation and problem-solving skills to stay safe in emergencies.
- We want them to be strong and confident in the knowledge that they have the right to be safe at all times.
- We want them to have the resources and networks to call on if they have concerns or are in danger.

Seabrook Primary School has a zero tolerance for any form of child abuse.

EDUCATE — Think before you click.
To be successful, we need your help and support. The Personal Safety Program involves a holistic approach to keeping children safe. Personal safety education is at its most effective when there is a three way approach to educating teachers and other professionals, parents/carers and children. To ensure that parents and carers are fully informed and know how to help children to stay safe, we will hold an information session at your child’s school, which you are encouraged to attend. The session will introduce you to the program and ways you can reinforce protective messages at home. If you are unable to attend, there are other ways for you to access information:

- Visit the Child Wise website at www.childwise.org.au, and click on: ‘Programs’ and ‘Parents/Carers’
- Speak to your child’s teacher
- Pick up a Child Wise (Parent’s guide talking to children about safety) information booklet at the school’s main office

Whether you attend or not we urge you to take the time to read through the Child Wise “Parents’ Guide to Talking to Children about Safety” and discuss these themes with your child. It is important that you participate as much as possible, so that you can reinforce the messages children are receiving and help your child use his or her new skills with confidence.

The session will run in our north wing starting promptly at 6:15pm and ending at 8:15pm. Please return the attendance slip as soon as possible. We hope to see you there.

**PLEASE NOTE**

There will be some changes to the 2017 book pack collection process. Details to follow in the coming week.

Students in years 1 – 6 will commence term 1, 2017 on Wednesday the 1st of February. Prep students will be notified of their commencement date.
Congratulations to all at Seabrook Primary School for our latest award - Most Outstanding Individual Placement activity from Djerriwarrh Community and Education Service. This is in relation to Chris working through the work for the dole program here over the last six months in our office. He truly appreciated all the support and learning that occurred at Seabrook Primary School and we valued all the he was able to contribute to our school. Chris has been inspired to undertake further study and to work in a school and we wish him all the very best in his future.

Publication from the Star Weekly September 21st
Ms HENNESSY
Altona

MEMBERS STATEMENTS

Messenger Dogs — Tales of WWI

Wednesday, 14 September 2016

“Earlier this month, the Anzac Centenary travelling roadshow Messenger Dogs — Tales of WWI visited the lovely community at Seabrook Primary School, which is a really fantastic local school in my electorate. The show featured delightfully realistic puppets telling the journey of the dogs that worked alongside the Australian Imperial Force during World War I. It was a wonderfully engaging and interactive show. The Seabrook students were very engaged, highly entertained and asked question after question about the dogs and the Anzacs. I would like to thank Seabrook Primary School for hosting my office on the day, and I commend the students for being so interested and engaged.”
Seabrook Primary School is getting active this month of October with the help of ‘VicHealth’s Walk to School month’ initiative.

All students are encouraged to walk, ride or scoot to and from school to kick-start healthy travel habits that can lead to good health for life. It’s a free, easy and fun way for kids to get active.

**How does your child register for this event?**
Your teacher will be given a classroom calendar including stickers. Each time your child walks, rides, or scoots to school, your child will receive a sticker on the calendar. The stickers will keep track of how many days your child has travelled to and from school. It's that simple!

At the end of the month, your child’s efforts will be acknowledged and celebrated with a personalized certificate! Plus, our school will have the chance to win some fantastic prizes.

So, what do you say? Let the walking, riding and scooting begin!

If you’d like to know more about this, the link to the website is below.
http://www.walktoschool.vic.gov.au

Additionally, your child’s classroom teacher will give out information pamphlets to your child during this week.
Well done to about 35 students who competed at the Divisional Athletics day on the last Tuesday of term 3. It was fairly cool and overcast early and unfortunately as the day progressed, so did the rain. Some events didn’t get finished and by about 2pm the day was ended due to the persistent rain. Based on the completed results and then the Divisional Committee looking at each Districts results (to find the best 2 results amongst the division for the unfinished events), we have 10 students who have qualified for the Regional day at Keilor on Tuesday. Good luck to all of you and well done to everyone else who competed. We had many 3rd’s and 4th’s, but unfortunately only the top 2 in each event progressed through to the next stage.

Qualifiers: Andreas W (Hurdles, Long Jump, Relay), Dorian R (200m, Relay), Sebastian W (Long Jump, Triple Jump), Tiana F (100m), Oliver A (Hurdles), John M (800m), Brianna S (Hurdles), Summer C (High Jump), Johnathan CH (Relay), Mahammad D (Relay).

The Grade 1 Swimming Program commences this Monday (10th October) at Shawn’s Swim School in Hoppers Crossing. Final payments need to be finalised by the first session on Monday. A more detailed note about the venue, groupings, what to bring etc. will go home by the end of the week.

The groups will be:
Group 1: 1MD & 1SP (11.30am lesson, leave school 11.10am & return about 12.45pm)
Group 2: 1LF & 1EM (12.30pm lesson, leave school 12.10pm & return about 1.45pm)
Group 3: 1GV & 1LJ (1.30pm lesson, leave
$1624.25 was raised during the Silver September Challenge. Thank you for your contributions.

Congratulations to 2HR and 4RE the classroom winners for the Lunch Pizza Party.

DUE BACK DATE: Friday 28th October 2016
The cost per bar is $2. Total box value is $60.

Guaranteed prizes listed below

SELL 18 + BOXES TO WIN  A brand new XBOX ONE console (sponsored by Cadbury Australia)
SELL 12 + BOXES TO WIN  A brand new SCOOTER
SELL 6 + BOXES TO WIN  2 Village Movie Tickets

Every full box sold will go into a lucky draw
All full boxes sold previously will count towards prizes

Please return all money and/or unsold chocolates by FRIDAY 28th OCTOBER, however, feel free to return the money to your child’s classroom at your earliest convenience. You don’t need to wait until the due date! We appreciate your efforts with this major fundraiser.

THE FUNDRAISING TEAM
A FRESH FUNDRAISING INITIATIVE

Why not use the money you spend each week on fruit and vegetables to raise funds for the school!! Seabrook Primary is very excited to partner with farm-fresh.com.au.

Order your weekly fresh fruit and vegetables online and have it delivered to the school or to your home every Thursday afternoon. The best part is that 50% of net profit will be coming back to SEABROOK PRIMARY.

Enjoy fresh produce sourced from local farmers and the wholesale market. No pre-packed boxes or minimum orders, you choose what fruit and vegetables your family would like to eat. We need 100 families to order an average of $40.00 worth of produce every week to generate $1000 per month for the school. Simply go online to www.farm-fresh.com.au and register. Once you are registered we will send some more information on how to place your order. You can order until 11:00pm Tuesday night for Thursday delivery.

We are hoping to have our first delivery on Thursday 13th of October, so please register TODAY!

Thanks for supporting our fundraising efforts and all monies raised will go towards our project development of the soccer field.

The Seabrook Fundraising Team.
### Seabrook Canteen Menu

#### Hot Food

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Corn on the Cobb</td>
<td>$1.00</td>
</tr>
<tr>
<td>Steamed Dim Sims</td>
<td>$1.00</td>
</tr>
<tr>
<td>Party Pie</td>
<td>$1.20</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.80</td>
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<tr>
<td>Hot Dog</td>
<td>$3.00</td>
</tr>
<tr>
<td>Hot Dog with Cheese</td>
<td>$3.20</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$3.20</td>
</tr>
<tr>
<td>Pastie Vegetarian</td>
<td>$3.20</td>
</tr>
<tr>
<td>Dino Snacks x 6</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Sticks x 6</td>
<td>$3.00</td>
</tr>
<tr>
<td>Nachos - Corn Chips, Salsa and Light Cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Lasagne, Mac and Cheese</td>
<td>$3.50</td>
</tr>
<tr>
<td>Tomato Sauce</td>
<td>$0.20</td>
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</tbody>
</table>

#### Halal

**Please mark bag with Halal**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Dog</td>
<td>$3.40</td>
</tr>
<tr>
<td>Hot Dog with Cheese</td>
<td>$3.60</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$3.20</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.80</td>
</tr>
<tr>
<td>Party Pies</td>
<td>$1.20</td>
</tr>
<tr>
<td>Chicken sticks x 6</td>
<td>$3.00</td>
</tr>
<tr>
<td>Nachos</td>
<td>$3.00</td>
</tr>
<tr>
<td>Dino Snacks</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Sub</td>
<td>$3.50</td>
</tr>
<tr>
<td>Sweet Chilli Sub</td>
<td>$3.50</td>
</tr>
<tr>
<td>Pizza - Margarita</td>
<td>Small $2.80</td>
</tr>
<tr>
<td>Vegetarian</td>
<td>Small $3.00</td>
</tr>
<tr>
<td>Hamburger (Lot)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Cheeseburger</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

#### Sandwiches

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boiled Egg</td>
<td>$0.80</td>
</tr>
<tr>
<td>Cheese</td>
<td>$2.20</td>
</tr>
<tr>
<td>Ham</td>
<td>$2.30</td>
</tr>
<tr>
<td>Ham and Cheese</td>
<td>$2.60</td>
</tr>
<tr>
<td>Ham and Tomato</td>
<td>$2.60</td>
</tr>
<tr>
<td>Ham, Cheese and Tomato</td>
<td>$3.00</td>
</tr>
<tr>
<td>Egg and Lettuce</td>
<td>$3.20</td>
</tr>
<tr>
<td>Salad - Lettuce, tomato, cucumber,</td>
<td>carrot and cheese $3.50</td>
</tr>
<tr>
<td>Ham and Salad</td>
<td>$3.70</td>
</tr>
<tr>
<td>Chicken and Salad</td>
<td>$3.70</td>
</tr>
<tr>
<td>Tuna and Salad</td>
<td>$3.90</td>
</tr>
<tr>
<td>Vegemite/Jam</td>
<td>$2.20</td>
</tr>
<tr>
<td>Extra Fillings - Beetroot</td>
<td>$.40</td>
</tr>
<tr>
<td>Rolls, Wraps</td>
<td>$.80</td>
</tr>
<tr>
<td>Toasted</td>
<td>$.50</td>
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</tbody>
</table>

#### Combo packs

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub Combo</td>
<td>$5.40</td>
</tr>
<tr>
<td>Sub, Quench and Popcorn (small)</td>
<td></td>
</tr>
<tr>
<td>Hot Diggity Dog</td>
<td>$5.00</td>
</tr>
<tr>
<td>Hot Dog, Jelly Cup and Juice box</td>
<td></td>
</tr>
<tr>
<td>Dino Deal</td>
<td>$5.00</td>
</tr>
<tr>
<td>Dino snacks, Juice box and Moosie</td>
<td></td>
</tr>
</tbody>
</table>

#### Salad Box’s $6.00

- **Greek salad** - Cucumber, Tomato, Feta, Olives, Dressing
- **Caesar salad** - Lettuce, Bacon, Parmesan, Egg, Croutons
- **Salad Snack Box** - 3 Dino Snacks, 3 Chicken Sticks, Lettuce, Tomato and Cheese.
- **Aussie Salad** - Lettuce, Tomato, Cucumber, Carrot, Cheese, Beetroot.

With Chicken Snitz or ham $1.20 extra
# Canteen

## BURGERS
- Cheese - Burger, cheese & sauce $4.00
- Lot - Burger, cheese, tom, let & sauce $4.50
- Chicken - Chicken, let & mayo $4.00

## Gluten free
- Hot dog $4.00
- Party Pie $2.50
- Nachos $4.00
- Salad Wrap $3.50
- Truffles $1.00

## Homemade Pizza
- Margarita Small $2.80 Large $5.00
- Hawaiian Small $3.00 Large $5.00
- Vegetarian Small $3.00 Large $5.00

## Drinks
- Juice in a bottle $2.00 (multi-v, apple, orange)
- Just Juice (Fruit Box) $1.70 (Apple or Orange)
- Minkie/Slushie $2.00
- Water (Small) $1.50
- Water (Lge) $2.50
- Big M (choc or straw) $2.60
- Quench $2.60 (Cola, Apple, Rasp/Blue Heaven, Orange and Lemonade)
- Iced tea-Peach & Lemon $2.80

## Counter Sales
- Assorted Biscuits 5c or .20
- Mini Muffins .30
- Muffins .50
- Truffles .50
- Cornitos .80
- Jelly Cup 1.00
- Boiled Egg .80
- Fresh Fruit $1.00
- JJ'S S&W, Burger, Chicken, Pizza $1.20
- Chips- Red Rock Deli $1.20
- Sea Salt/Honey soy $1.20
- Smiths Chips (S&W, Plain) $1.20
- Popcorn (Butter, cheese & S&W) $1.20
- Gingerbread Man $1.50
- Lge Muffin $2.00

## Ice-creams
- U.F.O (Frozen Pineapple Ring) .50
- Large Juicines $1.00
- Frozen Fruit Cup .50
- Moosies (Chocolate/Strawberry) $1.00
- Mini Callipo $1.00
- Vanilla Ice-cream Cup $1.00
- Frozen Yoghurt (Strawberry) $1.00
- Icy Twist (Lemonade) $1.20
- Paddlepops (Rainbows) $1.60
- Paddle Pop Shake $2.00

Please write child's name, grade and room number on a paper bag along with amount enclosed. To purchase a lunch bag it is 20c.

If correct money is NOT enclosed a deduction or alternative will be given.

If an ice-cream is ordered in a lunch order please tell your child to pick it up from the canteen with their lunch bag.
CARRYING ICT DEVICES IN A BACKPACK

Don't underestimate the importance of safely carrying books, pencil cases, lunch, ICT devices and a drinker bottle in backpack. Long term damage to a child's back can occur if not done correctly.

1. Always adjust straps correctly on a backpack so that the child's bag sits high and close to the upper spine. The lower a backpack sits on their back, the more stress is placed on the lower spine and a child will tend to hunch forward.

2. Don't carry any unnecessary items in a backpack creating extra weight.

3. Place a laptop or tablet in the closest compartment against the child's back (when being carried), and smaller (lighter) items to the outside most point of their bag. A quality (well sealed) drinker bottle should be installed in an outer pocket if possible. This helps avoids leaking onto ICT equipment and books. If no drinker pouch or pocket is available, then ensure a plastic bag is installed around the drinker helping capture any spills.

4. If the child is complaining of muscle aches or lower back pain, reassessment and weight reduction will be required.

5. Avoid carrying laptops and tablets outside of a backpack. Some schools have reported students being bullied and devices stolen because they were in obvious view to the public. Be inconspicuous when carrying expensive equipment.

INTERNET PRIVACY

Respecting everyone's personal information, and privacy would be one of the most important aspects of an eSmart home.

1. Everyone, (and in particular) children should NEVER share personal information online about their family, themselves, or anyone else.

2. Discourage posting/sharing of closeup family, or personal pictures to any public online site.

3. NEVER allow under age children access to any social media sites. Adults need to log out of any 13+ sites when finished, and never give, or auto save passwords to these sites.

4. Know what your children are doing. Regularly check, ask, and encourage positive use, and apply your already set consequences when children don't do the correct thing. Calmly explain the ramifications of what could have happened.

ASK YOUR CHILDREN: If you don't want us (as parents) to see any of your stuff shared online, or by smartphone, then it's definitely not suitable to anyone else.

Thank you, and lets all help make an eSmart community.

Digital Technologies

Educating the importance of online safety, and safe use of ICT digital technologies.
Dear Parents/Guardians,

Thank you for using our Skoolbag app to notify the school of your child's absences from school. Please supply your child's full name and class.

E.g. John Smith 6AU

Thank you
Dear Parents and Guardians,

Thank you for embracing our new payment app. When using Qkr for school excursions, incursions and camp payments can you please ensure you are selecting the **correct student and grade** before checking out. Your assistance is greatly appreciated. Thank You.

Administration Team
Wish to advertise your business or event with us?

Contact: Maureen Murphy on 9395 1758
e-mail: murphy.mary.d@edumail.vic.gov.au

$5.50 including GST for a business card size advertisement
$22 including GST for a 1/4 page advertisement

For your information

Australian Girls Choir

Is this your daughter?

Melbourne Open Day – Sunday October 23

New accepting 2017 enrolments for girls aged 7 to 12 at our new enrolment site in Berwick, Box Hill, Caulfield North, Cheltenham, Elsternwick, Ivanhoe, Kew, Ringwood and Yarraville.

aspa
sustained school of performing arts 03 9502 5693 1 aspagroup.com.au

The 5 Love Languages
The secret to love that lasts

16 October 2016 | 9am – 5pm
Cardinal Knox Centre
38 Albert Street, East Melbourne 3002

The Marriage Encounter movement and the Life, Marriage and Family Office of the Archdiocese are hosting The 5 Love Languages Seminar

Erin and Paul Luschen, who have been married for 19 years and are certified trainers for “The 5 Love Languages” will be presenting using their Chapman Institute book and study, “The 5 Love Languages”.

For more information and booking:
Life Marriage Family Office: 03 8621 7474
asplusmarriage@archmelb.org.au

Building location:
The Life, Marriage and Family Office 38 Albert Street, East Melbourne 3002
Congratulations to the following students who have received certificates this week:

**Bronze 10 deposits:**
Evakshi N, Ray B and Nevan M

**Silver 20 deposits:**
Brianna S, Levi B, Dimitar T, Bailey B, Makayla B, Zak B, Alex Dand Mariah B

Saving regularly is an important habit to get into, whether you are saving a little or a lot. Keep up the great work and remember to bring in your deposit book each Wednesday. Thank you for supporting the School Banking Program.

Do you have a school banking questions or query?
Email: seabrookschoolbanking@gmail.com
Seabrook School Banking Volunteers

---

**Flying Snake Tail and Mudsplat**

**Handball No Longer Available**

**Calling for volunteers**

we need your help!

Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.

The program requires a volunteer School Banking Co-ordinator to facilitate the banking and distribution of School Banking rewards. This only takes a small amount of your time one day a week and the Commonwealth Bank will provide support in how to run the program. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

Currently, School Banking is completed on Thursday morning after school drop off. Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.
<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd Oct</td>
<td>1st day for term 4</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
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<td></td>
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<td>Divisional Sport Play-off Volleyball</td>
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<td>Grade 1 &amp; 2 Assembly</td>
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<td>2:30pm - 3pm</td>
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<td></td>
<td></td>
<td>Chess Festival at Seabrook</td>
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<td></td>
<td></td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>Grade 3 &amp; 4 Assembly</td>
<td>Regional Athletics Carnival</td>
<td>2017 Prep Games and BBQ Evening 4 - 6pm</td>
<td>2017 Prep School Tour 2:30pm - 3pm Parent info session Child Safety 6:15pm - 8:15pm</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>9am - 9:30am</td>
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<tr>
<td></td>
<td>Grade 1 Swimming Program</td>
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<tr>
<td>17</td>
<td>Grade 5 &amp; 6 Assembly</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td>9am - 9:30am</td>
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<td></td>
<td></td>
<td>Grade 1 &amp; 2 Assembly</td>
</tr>
<tr>
<td></td>
<td>Grade 1 Swimming Program</td>
<td></td>
<td></td>
<td></td>
<td>2:30pm - 3pm</td>
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<td></td>
<td></td>
<td>Preps visit activities and lunch 11:30am - 13:15pm 17th, 18th, 19th and Friday 21st</td>
</tr>
<tr>
<td>24</td>
<td>Grade 3 &amp; 4 Assembly</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>9am - 9:30am</td>
<td></td>
<td></td>
<td></td>
<td>Prep Assembly 2:30pm - 3pm</td>
</tr>
<tr>
<td></td>
<td>Grade 1 Swimming Program</td>
<td></td>
<td></td>
<td></td>
<td>Ice Skating Grade 6</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>Preps visit activities and lunch 11:30am - 13:15pm 24th &amp; 25th</td>
</tr>
</tbody>
</table>

**Rosh Hashanah – Jewish New Year**

Jewish communities are celebrating one of the holiest days of their year, Rosh Hashanah. The Jewish New Year is a two-day holiday that is celebrated from sunset on October 2nd to sunset on October 4th and heralds the seventh month of the Jewish calendar, Tishri. As well as offering families a time for gathering celebration, it’s a time of personal reflection and prayer. The 10th day of Tishri is also time for Yom Kippur, the holiest day of the year in Judaism. Rosh Hashanah occurs 163 days after the first day of Passover.