Dear Parents / Guardians

ITALIAN WEEK
The children have been engaged in a variety of activities this week as Seabrook enjoys Italian Week. Our canteen has got in the swing of the occasion and has been offering treats and lunches with an Italian theme. The canteen staff would like to thank parents for allowing their children to take part in the food aspects of the Italian culture supplied at the canteen.

FRIDAY 18TH SEPTEMBER
No Canteen sales on Friday as the canteen will be closed due to hot dog lunch day. School finishes at 2:30pm this Friday. Children will be dismissed from their classrooms. Children may wear Italian themed clothing to school. This is a fun dress up day rather than a collection for charity.

CURRICULUM DAY
A reminder there is no school on the first Monday after the holidays. This is a day of training for staff. Children resume term 4 on Tuesday 6th of October.

LEAVING SEABROOK
We are now starting to plan for the 2016 school year. If you know your family will be relocating or moving schools please fill out the form in the newsletter or provide the office with a note. Thank you.

KINDER VISIT
It was lovely to see some of our potential preps visiting last Friday. The kinder kids were invited to join in at the prep assembly. We hope this transition event helps them have a smooth transition into school.

SEABROOK RECIPE BOOK
Seabrook is developing an international recipe cook book. We are hoping each family will submit their favourite recipe for a special book which will be published and available in time for Christmas. Please see instructions later in this edition. Start submitting now.

continued report on the following page
INCORRECT UNIFORM NOTE
School Council has noticed a large number of children wearing a wide range of clothing other than the Seabrook uniform. Our policy states that the children are to wear the uniform items outlined in the policy. The Seabrook school uniform is made up of specific items and generic items are not acceptable. Staff will be handing out forms alerting you that your child has come to school wearing an incomplete uniform. Sometimes parents are unaware that their children are wearing incorrect clothing. So this should help. Please check our policy on our website and Skoolbag app before purchasing new items for term 4.

GRADE 4 CAMP
A big thank you to the parents and staff who supported the grade 4 camp to Halls Gap last week. We value the time staff and parents have away from the families to support the children’s camping program. The campers had terrific weather and took part in a range of activities to support their inquiry on indigenous communities.

FIT 4 LIFE
The Fit 4 Life program has been going well this year with many children participating in a range of fun activities developing skills and fitness after school. Thank you to the trainers and a reminder to parents that your child will need their hats for these activities. Please feel free to email Souzy on souzy@tksfit4life.com.au or call her on 0438 509 878 for further details and/or for an enrolment form.

Wishing everyone a happy and safe holiday.

Sue & Staff

All editions of our newsletters have the students first name and their initial of their surname, this is to provide personal security on the web.
For your information

**Are you leaving Seabrook Primary at the end of 2015**
This helps us with our planning

If your child/ren are not returning to Seabrook Primary School next year (excluding our current Grade 6 students), can you please fill in the details below and return to Mrs Susan Joyce. (at the office as soon as possible)

My child/ren

____________________________________ Grade _____________ Room __________
____________________________________ Grade _____________ Room __________
____________________________________ Grade _____________ Room __________

will be leaving Seabrook Primary School:

☐ at the end of term 4 2015

and will be attending ____________________________ school.

Parent/Guardian Signature: ____________________________ ContactNo. ______________

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**Can you help our Prep Team?**

The Prep Team are asking for any old costumes or musical instruments that would be donated to the preps to use for their inquiry - “how we express ourselves”.

Donations can be dropped off to room 7.

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A big thank you to the entire school community for your enthusiasm towards the Woolworths Earn and Learn Program this year. As a school we collected an amazing number of sticker booklets.

Congratulations to the following prize winners from each Grade Level. Each will receive a $20 QBD Book Voucher for bringing in the most stickers.

Prep: Arjun I  
Grade 1: Indiana P 1ES  
Grade 2: John M 2JV  
Grade 3: Bridget L 3RB  
Grade 4: Olivia W- 4RE  
Grade 5: Jasmine F - 5EP  
Grade 6: Mia F 6EH

We will be sending the booklets off to Woolworths this week. Keep an eye out for an update on the fabulous new resources we purchase for the school as a result!
It was such a lovely Spring day last Thursday that grade 1MC just had to get out in the garden.

This year we have been experimenting with propagating our own plants to add to our indigenous butterfly garden. Earlier in the year we all took some cuttings from the everlasting daisy plants already growing in our garden. These were planted in soil, watered and cared for in our classroom until we could see lots of wormy roots developing.

We also planted some Poa grass seeds, which is an indigenous grass to this area that some butterflies lay their eggs on. Our plants grew beautifully, and we have now planted them outside the grade one building to extend our Indigenous garden.

In addition to the Marbled Gecko and the New Holland Honeyeater, we have also recently sighted Willy Wag Tail birds in our garden area.

Our class loves sharing our school grounds with these welcome visitors.
HTML

Technology takes off in Grade 4AU classroom and brings the ‘Know how’ that empowers all the students to code and create their dreams. We have introduced Grade 4AU students to coding creating their own websites. This coding takes design and technology to a new level at Seabrook Primary School.

Try this coding yourself and see how challenging it is.

Write or copy some HTML into Notepad.

```html
<!DOCTYPE html>
<html>
<body>
<h1>My First Heading</h1>
<p>My first paragraph.</p>
</body>
</html>
```

This activity is aligned to the curriculum and the students in Grade 4AU find that learning is fun, interactive, engaging, inspiring, and educational.

From Sophie M and Grade 4AU

Happy Coding
The Grampians adventure 2015!

Just how much did the Grade 4 students enjoy their adventure you ask?

The students counted down their days at school until it was time for their long awaited trip to The Grampians National Park. Parents and students said their goodbyes with hugs, excited smiles (and some tears) before hopping on the bus.

Once they arrived, it was on for young and old! Some go-getters showed creativity and an open mindedness when building huts using raw materials straight from the bush. Others were cooperative and positive communicators when making damper, baked cinnamon apples and bananas with marshmallows on the open fire. And some were risk takers and balanced while walking to the sparkling Clematis Waterfalls with the Eastern grey kangaroos and blossoming spring wildflowers alongside as well as throwing a boomerang for the first time at the Brambuk Cultural Centre.

All in all, the students had a fabulous time eating different foods, bunking up with new friends and bonding with old. Students gave it their best by committing themselves to showing a caring, cooperative and empathetic attitude towards each other throughout the entire experience.

Here are some snap shots of their adventure!
National eSmart Week 7th - 11th September

5AC recognised National eSmart week last week by watching videos about cyber bullying and the promotion of digital literacy. Richie, Alice and Monique created posters that aim to develop awareness and provide strategies about cyber bullying.

If you are having issues with cyber bullying don’t wait to tell someone. Act now. Your teachers and parents will help you.

For more information please go to; http://esmart.org.au/esmartweek/
Imagine

Imagine a place, a place of peace.
Imagine a place where everyone would get along, there would be no right, no wrong.
Imagine a place where there are no horns tooting, or guns shooting, a place of calm and quiet.
Imagine a place where you could sit back in the green grass, and watch the trees sway as time flies.
Imagine a place where you could sing about the sky so blue, admiring everything old and new.
Imagine a place, a place of peace.

PEACE OR PIECES?
It's your call.

Congratulations Suhani P

Shuani has written a beautiful poem that has been published in ‘Oz Kids In Print’ magazine as well as being posted on their internet site www.ozkids.com.au.

Suhani’s impressive literary work was chosen to be published and she is now eligible for the ‘2015 Young Australian Writer’s Awards’.

Congratulations Suhani on your accomplishment, you should be very proud of the hard work and effort you have made to be eligible for such an amazing honour and we wish you all the best in your endeavours.

We are so very proud of you, for all your hard work.

Nicole Lockwood
Assistant Principal
On September 9th, Grade 5’s of Seabrook Primary School went to the Immigration Museum in the city. We did this because the central idea of our current inquiry is, ‘People move to and stay in areas for a variety of reasons’. Our first activity was to investigate an immigrant’s luggage bag and identify where he/she came from, for what reasons they came to Australia and how they came to Australia. We each received a passport with a variety of activities we had to fill out while exploring the museum. In the passport, we discovered many answers and interesting facts about immigrants. There were interactive activities, listening activities and discovering activities. There are still many things that we can discover in the immigration museum on another visit. It was loads of fun!

Natalie 5KP

On Wednesday the 9th of September 5KP, 5AV, 5JB and 5AC went on an excursion to the Immigration Museum. The first thing we did there was a detective activity. Each group was given a suitcase/basket to investigate. We had to examine what was in it and whilst we were doing that we had to answer the questions on our piece of paper. Some of the questions were: What is your immigrant’s name? What is your immigrant’s background? My group had the immigrant Yaser A Haseen and he is Muslim. After that we each got a fake passport that had lots of questions in it. We had to answer these whilst going around the museum. The museum was split up into various parts. Each part had a name which corresponded to pages of the passport. Each part had the answers to the questions in the passport. My favourite part was when we went into each part of a ship and listened to what sounds we could hear. The sounds I could hear were babies crying, the boat creaking and water flowing. I enjoyed the Immigration Museum a lot. I had so much fun there!

Chloe 5KP
HOME INTERNET RULES

It's never too late to start talking to your children about the importance of online safety, and correctly using the Internet at home, and public places.

1. Set clear, simple, and fair ground rules for your household Internet usage.
2. Ensure realistic consequences, should a rule be broken. Consequences should never be a reward.
3. Consistently enforce these rules.
4. Encourage and reward positive Internet use.
5. Parents need to also model positive Internet behaviors.

INTERNET SUPERVISION

The Internet has a very good educational value, and it is encouraged that children learn to use the Internet appropriately. But with every publicly accessible learning tool (such as the Internet), children can get themselves into trouble. Guidance and supervision should always be applied when children are on the Internet.

1. NEVER allow a child to use any Internet accessible device within private spaces such as a bedroom. These devices may include computers, notebooks, netbooks, tablets, iPods (with WiFi), smart phones, some game consoles, and some smart TV’s (with WiFi).
2. Allow children to use the Internet in public spaces, such as only the living or kitchen areas.
3. Encourage small chunks of Internet time, rather than hours on end.
4. Know what your children are doing. Regularly check, ask, and encourage positive use.
5. Apply your already set consequences when children don’t do the correct thing, and calmly explain the ramifications of what could have happened.
6. For the tech savvy person, some new modern WiFi modems have the ability for you to allocate two WiFi zones. Use one with a parent only password, and the other for children with a different password. The child WiFi network may also have the ability to automatically turn on and off during designated times, only set by you.

Thank you, and let's all help make an eSmart community.
A lovely gesture was bestowed upon us this week from Laverton P-12 College. As part of Book Week the College bought books to ‘Gift’ to others. We were lucky enough to be given these fantastic books for our student’s enjoyment. Isn’t this a lovely “Pay it Forward” moment?
Outdoor play the SunSmart way!

SunSmart promotes active, outdoor play across the day throughout the year and doesn’t request that children’s outdoor time be restricted due to the sun’s UV levels.

Please make sure a combination of sun protection measures are used during the daily sun protection times to ensure children can engage in fun, sun safe outdoor play.

Why?

Some sun exposure is important for vitamin D which is essential for healthy bones and muscles, and for general health.

But too much sun can cause skin and eye damage and skin cancer. Sun exposure during childhood and adolescence is a major factor in determining future skin cancer risk.

How?

Check SunSmart’s daily sun protection times so you know when you do and don’t need sun protection each day. These are available as a free app, online (sunsmart.com.au), in the weather section of the newspaper or as a free website widget. Perhaps you can add the widget to your service’s website?

If you can’t check the sun protection times each day, use these 5 SunSmart steps from September to the end of April in Victoria (NOT just terms one and four).

1. **Slip** on cool, covering clothing that covers as much skin as possible.
2. **Slop** on SPF 30 or higher broad spectrum sunscreen. Make sure you apply a generous amount and keep reapplying it every 2 hours. Check the expiry date.
3. **Slap** on a wide brimmed hat that shades the face, neck, ears and eyes (Baseball or peak caps don’t measure up so leave those on the hat rack!)
4. **Seek** shade – try a shady tree, verandah, pergola or shade sail, umbrella or tepee!
5. **Slide** on some sunglasses where practical. They should be labelled AS 1087 so you know they are UV protected.

In Victoria from May to August sun protection is not usually needed so put the sun gear away to get some winter vitamin D. Check the sun protection times to be sure.

**Seek shade**

Good quality shade can reduce overall exposure to the sun’s UV. When combined with appropriate clothing, hats and sunscreen, children can be well protected from UV overexposure when outdoors.

Research shows that spacious preschool environments with trees, shrubbery, and broken ground triggers more physical activity and provides better sun protection in outdoor play. Shady and natural play spaces are also requirements of the Education and Care Services National Regulations (Reg. 113,114)

*How shaded is your outdoor play area from September to the end of April?*

*Use SunSmart’s shade audit to check if your shade is adequate.*


Web: sunsmart.com.au
Phone: 9514 6415
Email: sunsmart@cancervic.org.au
At SEABROOK PRIMARY SCHOOL we are publishing our very own COOKBOOK!
Seabrook Recipes of the World
As part of our Fundraising efforts, the P&F are delighted to announce that we are professionally publishing our very own stylish cookbook.

We chose this project as we have many wonderful cultures at our school and we would love to share them. More importantly, this will involve all of our children and their families.

We will produce a very special cookbook full of your most loved family favourites (from quick & easy weeknight dinners to special birthday desserts). It will make a truly beautiful and personalised gift for your family and friends.

Please help us compile this wonderful cookbook by submitting your favourite family recipes. We hope to receive recipes from ALL families.

It is SO simple to submit your recipes!
1. Go to the www.PublishedAuthors.com.au website and submit your recipes using their really quick and easy online template. Don’t delay, as submissions will close 11th of OCTOBER.
   We encourage you to submit more than one recipe, as we may delete duplicate recipes.
2. Don’t have access to the internet? Just give us your recipe & we’ll try to find a volunteer to enter it for you. Contact either:
   Julie Enzerink – 0456537108, Julie@enzerink.net or Kym Ham – 0408764537, Kym.ham@live.com
3. We will soon distribute order forms so you can pre-order your copies of this very special cookbook.
4. Why not advertise your business in our cookbook?
   Email Jenny Cassar on cassar.jennifer.l@edumail.vic.gov.au for advertising rates and enquiries.
As part of our fundraising efforts we are delighted to announce that we are professionally publishing our very own stylish cookbook. We choose this project as we have many wonderful cultures at our school and we would love to share them. More importantly it will involve all of our children and their families.

Only limited quantities of this professionally published cookbook will be available for sale. Discounts apply for orders of 3 or more, so why not order multiple copies as beautiful gifts for friends & family.

All funds raised will go towards up-grading our soccer field, play area and athletics facilities.

ORDER YOUR COPIES TODAY

To secure your copy of our very special cookbook, return this Order Form with your payment in an envelope clearly marked “COOKBOOK” to the School Reception Front Office by 23 October. The cookbooks will be delivered in time for Christmas.

If you have any questions, please contact Julie Enzerink 0456537109 julie@enzerink.net or Kym Ham 0408764537 kym.ham@live.com

Cookbook Order Form

Name:_________________________  Class:_________________________

Email:_________________________  Phone/Mobile:_____________________

No. Books ordered:______________  Price per book: $25.00
Or: discounted price for 3 or more is $20.00 each

Total Payment is: $______________ (Payment in full is required with your order)

I am paying by:  □ Cash

□ Cheque – Please make payable to Seabrook Primary School

□ Visa/Mastercard:  Name on Card:_________________________

Card No.:_________________________

Expiry Date:______________  CVN:_______
WOOL JUMPER CARE INSTRUCTIONS
80% WOOL 20% NYLON
COLD GENTLE MACHINE WASH ON WOOL CYCLE, OR HAND WASH WITH, APPROVED WOOL WASH ONLY. DO NOT USE ENZYME DETERGENTS. BLEACH OR SOAK. RINSE WELL. DRY FLAT IN SHADE. DO NOT TUMBLE DRY. WARM IRON. 5% SHRINKAGE MAY OCCUR WHEN WASHED. DRY CLEANABLE

Purchase your school uniform from or order online
Shop 4 Aviation Road. Laverton. 3028
Phone 9360 9008

INCURSION / EXCURSION / FUNDRAISING MONEY
When sending in money for incursions, excursions, fundraising etc., please send in the correct money and ensure that you have separate envelopes for each separate activity/event. We cannot accept foreign coins, as they are rejected by the bank, so therefore these will be returned to you. Please check you have included Australian currency only. Money is not kept in the office, so we cannot provide change.
Parents need to give the correct money in a clearly marked envelope, in the mornings only, to the classroom teacher. Teachers are unable to accept money at the end of the school day as they are unable to leave money in the classroom. Cash payments are not accepted at the office. Parents are welcome to call into the school office to collect a few school payment envelopes to leave at home for this purpose. Alternatively, please ensure that the money is in a clearly marked envelope with student’s name, grade and amount and activity/event. Payments by Credit Card / Eftpos need to be in the amount of $10.00 or more.
Thank you for your co-operation.

Prescribed Medication Authority Form
Dear Parent/Guardian,
Please be advised that if your child is required to take prescribed medication whilst at school a MEDICAL AUTHORITY FORM can be found on our Skoolbag App and the school website. This form should be filled out and signed off by your doctor before we can administer the prescribed drug.
Please Note: wherever possible, medication should be given outside the school hours, e.g. if medication is required three times a day it is generally not required to be taken at school: it can be taken before and after school and before bed.
If medication is to be administered at school the medication must be in the original packaging.
Should you have any questions/queries contact the Leadership Team.
Thank you for your support
Principal Susan Lee
A special thank you to all the children and families who are participating in our TKS Fit 4 Life program this term. It is such a pleasure to have you a part of our fitness program.

With the warmer weather approaching, we are excited to be taking enrolments for TERM 4. Please feel free to email Souzy at souzy@tksfit4life.com.au or call on 0438 509 878 for further details and/or for an enrolment form. We look forward to hearing from you! Have a safe holiday!
Seabrook Cricket Club
Important Dates for Junior & Milo Cricketers

- Saturday 5th September: Registration Day
  - Time: 9:30am to 12pm
  - Location: Point Cook Community Bank Branch of Bendigo Bank, Sanctuary Lakes Shopping Centre (300 Point Cook Rd, Point Cook)
- Wednesday 9th September: Junior Training Begins
  - Time: 5pm
  - Location: Bruce Comben Reserve
  - Training sessions will be every Wednesday 5pm
- Friday 9th – Saturday 10th October: Round One of Junior Cricket (WRAJCA)
- Late October: Milo in 2 Cricket Begins
  - Location: Bruce Comben Reserve
- Subscription Fees:
  - Juniors (U11s, U13s, U15s, U17s): $100
  - Milo in 2 Cricket: $75

The club would like to invite anyone who would be interested in playing local cricket in 2015/16, to join us for the upcoming season. We cater for boys and girls of all ages. If you have any questions, feel free to contact us:

Junior Coordinator: Lionel Thomas – 0401 425 773
Milo Coordinators: Peter Fraczek – 0438 972 244
Sheere Fraczek – 0413 639 098
Website: http://seabrook.vlc.cricket.com.au/
First day of school banking for term 4 - Wednesday 7th October
Well done to the 138 students who banked last week.
Congratulations to the following students who received a certificate this week.

10 deposits:  Nimashi A, Oliver F and Kira H.

LUNAR LIGHT BAND WITHDRAWN
Following the Commonwealth Bank's decision last month to recall the Cosmic Light Beam Torch due to a potential safety issue, the Commonwealth Bank have decided to withdraw the upcoming Lunar Light Band reward from the School Banking Rewards Program.
The Commonwealth Bank appreciate this news may cause some disappointment for students who have been saving tokens to redeem the Lunar Light Band, however have released an alternative item to ensure eligible students continue to be rewarded for their savings efforts.
From Term 4, students will be able to test their skills with a game of frisbee with the new Galaxy Glider, which will be available for order while stocks last.
The Outer Space Money Box is also available for Term 4.
Saving regularly is an important habit to get into, whether you are saving a little or a lot. Keep up the great work and remember to bring in your deposit book each Wednesday. Thank you for supporting the School Banking Program.

Do you have a school banking question or query?
Please email: seabrookschoolbanking@gmail.com
School Banking Volunteers
## SEABROOK TIMELINE

### Sept/ Oct 2015

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>Grades 5 &amp; 6 Assembly 9am - 9:30am</td>
<td>Divisional Athletics Finals</td>
<td>Extended Stay for Preps 3:10pm - 5pm</td>
<td></td>
<td>Last day for Term 3 students will be dismissed for the holidays at 2:30pm</td>
</tr>
</tbody>
</table>

To conclude the Italian Week on Friday the 18th of September we invite students to come to school dressed up in Italian costumes or colours!

Hot Dog Day is on the last day of term. Canteen is closed on Friday 18th of Sept.

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### Italian - SENTENCE OF THE WEEK

This week’s sentence is **Si parla Italiano**

Meaning - We speak Italian

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Happy holiday time, term 4 commences on Tuesday, 6th of October at 8:50am

<table>
<thead>
<tr>
<th>5th October</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curriculum Day Student Free Day</td>
<td>Term 4 commences today</td>
<td>Prep Movie Excursion</td>
<td>Prep Assembly 2:30pm - 3pm</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>12</th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 5 &amp; 6 Assembly 9am - 9:30am</td>
<td></td>
<td></td>
<td></td>
<td>Grade 1 &amp; 2 Assembly 2:30pm - 3pm</td>
</tr>
<tr>
<td>Swimming Grade 1</td>
<td></td>
<td></td>
<td>Grade 2 Altona Community Excursion</td>
<td></td>
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</tbody>
</table>