From the Principal

Dear Parents,

The year 2013 draws to an end and so we send our sincere thanks and appreciation to all our parents and friends for your ongoing support of our children and school. Our job is so much easier when we have your support and assistance with learning and everyday operations. I would also like to take this opportunity to wish everyone a very happy Christmas holiday and all the best for the New Year.

We are planning to hold our last day assembly in the courtyard on Friday at 12.45. The weather forecast for Friday is for showers, let's hope we can still have our whole school outdoor assembly.

SKOOLBAG APP
Next year we will be able to send alerts to parents when our newsletter is online and announce other school events and information. We will provide details for accessing the app early in 2014. We hope this will make it a little easier to keep up to date with our busy school program.

FOR YOUR DIARY
School Council has approved a curriculum day for Tuesday March 11th 2014. This follows Monday 10th, which is a public holiday. This will enable staff to undertake training in teaching mathematics.

SCHOOLBOOK COLLECTION DAY
Thursday January 23rd between 8.30 - 6pm is book collection day. Cash and credit card payments can be made prior or on the day of collection. Please come to the office for directions.

CHICKENPOX
We have had a couple of reported cases of chickenpox in the year 2 grades. If you have any doubts please see your doctor.

GRADUATION
Grade 6 graduation last week proved to be another successful night. Our grade 6 students shone as they presented, sang and danced. Thank you to the wonderful teachers at Seabrook who have prepared the children over their years for this event and of course, their parents. The children thoroughly enjoyed the night. Our thanks also go to the parent group and dance teacher Ms Trainon for their support.
THANK-YOU
Thanks once again to all the families who have donated plants to the school, there is a noticeable change to the garden beds.

CAROLS
A magnificent night, perfect weather and setting for our annual Christmas concert. The children looked and sounded terrific. It was wonderful to see so many families represented and the way in which our many cultures blended into an evening of sharing and harmony. Thanks to our staff and to all parents for their support and patience as we managed much larger numbers of people. Many thanks to Paul Cochran who capably coordinates and compares the evening so well with sound support from Wayne Daisley. Our thanks also go to Alf our crossing supervisor for assisting us in acquiring the stage and to one of our grade 1 dads for lending us lights for the night.

During the evening the children’s raffle was drawn.
Congratulations to Ethan Nightingale and Sally Bratby.

Thanks again to all our Seabrook family and friends.
Wishing you a safe and happy holiday time.

Sue & Staff

SCHOOL BANKING

Thank you all the students and their parents that have participated in school banking for 2013.

Important dates to remember for School Banking 2014
First banking day for Preps only Tuesday 4th February 2014
First banking day for grades 1 to 6 Wednesday 5th February 2014
Commonwealth Bank account opening day Tuesday 18th February 2014.
8.30am to 9.30am & 2.30pm to 3.30pm

Over the holidays spend sometime with the Dollarmites at:
www.coinland.com.au

Do you have a school banking question or query? Please email:
seabrookschoolbanking@gmail.com

Seabrook School Banking Volunteers
3CM and 3LB’s Messages of Peace and Hope

During term 4, the Year three Learning Community have been looking at conflict resolution and how it contributes to peaceful coexistence. Linking to our inquiry, guest speakers Gabby and Jessie came in and shared their knowledge about the organisation Amnesty International. Gabby and Jessie told us about how Amnesty International helps people affected by conflict that do not have the normal living essentials for example food, water, shelter and clothing.

We also read a book called ‘Sadako’. ‘Sadako’ is based on a true story, when the atomic bomb was dropped in Hiroshima – Japan during World War II. In the story, Sadako became ill and developed Leukaemia from the bomb. Sadako then went into hospital. Her friend Chizuko went to visit her and told her about the peace cranes. She told her that if she made 1000 cranes, the spirits in heaven would grant her one wish. Sadako’s wish was to get better, but she only managed to make 644 before dying.

Students in 3CM and 3LB each made a peace crane and wrote their wishes and hopes for peace.

We would like to share them with you.  

By Suhani Poddar – 3CM

I wish everyone had peace. Aydin Yeshar

I wish everyone had a choice. Patrick Wilson

I wish that there were no deaths from the atomic bomb. Summer Fathelbab
We have all had a great year in 1HD! There have been many memorable moments and we have all made many new friends.

The best part of grade 1 has been:

- When I made new friends
  Jasper

- When we learnt about space
  Elyse

- When we made our truffula trees
  Isabella

- When we made art with recycled things
  Ibrihima

- When we played on the iPads
  Elijah

- Doing maths
  Chloe

- Reading lots of books
  Siyun

- Playing sports and making things
  Alma

- When we had free time
  Matthew

Being in room 33 has been lots fun and we are all looking forward to going to grade 2 in 2014.
Dear Parents and Students,

The District Swimming sports are coming up at the end of February and to give as many students as possible the opportunity to participate and represent Seabrook, a training group will commence at the Laverton Pool (Jennings St. Laverton).

This will start on Thursday the 30th January from 7.00-8.00 a.m (The second day back at school).

We have been very successful at the swimming sports over many years, mainly due to the hard work of our squad group leading up to the day. So we invite all students from grade 3 to 6 (who are 9-12+ or turning 9 years old by the 31st of December 2014, which means you can be 8 when swimming is on) to come along and have a swim, work on your fitness, technique or just have some fun. Last year was a great success with more than 30-40 children coming most mornings. I hope to see many of those children returning this year as well as some new students trying out and having fun.

Training will then be on the following days at Laverton Pool with Mrs. Joyce (qualified coach): Monday Feb 3rd, Thursday Feb 6th and Thursday Feb 13th. This will be our final training session at Laverton. Unfortunately Monday 10th Feb is unavailable for training and other days are booked up. So we’ll just have a break until the following Thursday, but students can do a session or two on their own in between.

During the week of February 17th-21st we will have our final training and Trials at Werribee Outdoor Pool Watton St. Werribee), which is where the sports carnival will held.

We will let parents know about these arrangements during our five sessions at Laverton. Parents will need to drop off their children at the pool and then pick them up afterwards or make appropriate arrangements with other parents. If anyone has problems with transport please come and see Mrs. Joyce or Mr. Ganley or contact the school and we’ll try and arrange something for you.

The cost each morning will be $3 for entry to the pool (Laverton), which can be paid at the counter on arrival. The children will then have breakfast provided back at school in the Gym, which will also allow them to get to know each other socially. It doesn’t matter if you can’t make all the sessions, just come to the ones you can. It won’t reduce your chances of making the final team when we have trials (especially if you are already training in the mornings or afternoon in a Squad or Club).

If any parents would like to assist in serving breakfast, please let me know at the pool on the first Friday. It would be greatly appreciated if we could have a couple each morning.

Thanks

Blair Ganley
(P.E Co-ordinator)

Return to Mrs. Joyce at the office before end of year, or at the pool the 1st session you attend

Seabrook Swimming Training 2014- January 30th, February 3rd, 6th & 13th
Laverton Pool (Jennings St. Laverton) 7am-8am.

I give permission for my child ........................................ to participate in the School Swimming Training at Laverton Pool and I authorise the teacher in charge to consent where it is impracticable to communicate with me to the child receiving any medical or surgical treatment as may be deemed necessary.

Signed: ................................................................. (Parent/Guardian)

Contact No in case of an emergency ________________________________
Making the most of these holidays

Often family differences are contained during the year but spill over when normal routines cease over the holiday period.

You don’t need an instruction manual to make the most of the school holidays. After all, holidays are about kicking your feet up, relaxing and getting away from the usual routines. Right?

But the festive season can be stressful for many. For parents the prospect of keeping children occupied for up to six weeks can be daunting.

Christmas can also be a difficult and lonely time for some. Sole parents and step-parents usually experience particular challenges at this time of the year as family catch-ups cause conflict, and disputes can arise over who children spend their time with.

Often family differences are contained during the year but spill over when normal routines cease over the holiday period.

Here are some ways to help reduce tension over the festive season and make the holiday season enjoyable and fruitful for all:

1. Be creative with how festivities are organised.

   If you are flexible with your arrangements as well as your thinking then the potentially tricky times will flow more easily. For instance, two or more Christmas dinners may be needed so everyone is included.

2. Mix up the routines.

   The best part about holidays is the change from the routines of school-life. Some kids feel comfortable with the routines of school-life and can feel a little lost until the new holiday routine kicks in. Be patient with these routine-junkies! Also make sure you begin adjusting the routine as returning to school comes closer so kids are prepared for going to bed and getting up at earlier times.

3. Mix ‘me’ time with ‘them’ time.

   Plan a mixture of outdoor activities or trips with quiet at-home activities where you can relax and recharge your own batteries. The holidays give you a chance to spend time as a family but you also need to take some time for yourself each day. It helps to let your kids know that you are having some timeout too.

4. Resist being your child’s home entertainment machine.

   Give children opportunities to keep themselves occupied or think of inexpensive, fun ways to keep themselves amused. “I’m bored” is an invitation for kids to keep themselves occupied rather than for you to keep them amused.

5. Team up with other families.

   Whether it is sharing celebrations with other families or just holidaying with friends, holidays offer the chance to broaden your child’s social circle.

Make sure you provide the three types of activities that children want with their parents – i.e. rituals and celebrations, including family mealtimes; one-on-one activities where you spend some time alone with each child; and unstructured, impromptu activities such as playing simple games, storytelling and walks around the neighbourhood. These are important relationship-building activities that bind families together and enable you to build up emotional collateral with kids as they move into adolescence.

Published by Michael Grose Presentations. All rights reserved.

For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

PO Box 167 Balmarring VIC 3926  P. 03 5983 1798  F. 03 5983 1722  E. office@parentingideas.com.au

Summer Kidz programs in Hobsons Bay

The Aquatics and Recreation Victoria (ARV) will run a series of Summer Kidz programs in Hobsons Bay. They are subsidised learn to swim and water safety programs open to all residents.

They will be run at three locations over the first three weeks of January:
- Pool based program at Laverton Swim and Fitness Centre;
- Beach programs at both Altona and Williamstown beaches.

The cost for a week of 5 sessions in the pool or at the beach is $25 per participant.

For the pool based program at Laverton Swim and Fitness Centre there is an additional cost of $3.50 per day for each participant to cover their pool entry (bringing the total pool entry cost for 5 days to $17.50).

For further details and to enrol visit the VicSwim web page (www.vicswim.com.au) or call Aquatics and Recreation Victoria on (03) 9271 3800.
SEABROOK TIMELINE

December / Jan 2014

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>9am Assembly</td>
<td>Grades 2 &amp; 3</td>
<td>Thank-you</td>
<td>Grade 6</td>
<td>Last Day of School</td>
</tr>
<tr>
<td>Prep Swimming</td>
<td>Regional Kanga</td>
<td>Morning Tea for the</td>
<td>Excursion</td>
<td>12.45pm Assembly</td>
</tr>
<tr>
<td>Cricket Day</td>
<td></td>
<td>Community Helpers</td>
<td>Adventure Park</td>
<td>(whole school)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>School Concert</td>
<td></td>
<td>1.30pm finish</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6 - 8.40pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Wishing you a safe and happy holiday time

Remember to pick up your child’s bookpacks on Thursday the 23rd January between 8.30am - 6pm

January 27 28 29 30 31

1st Day of School for 2014 for students in Grades 1 - 6

SEABROOK SECOND HAND UNIFORM SHOP

Open every THURSDAY of the school term 2:30pm – 3:30pm in the Seabrook Meeting Room (next to the Senior Library)

Drop in to buy or sell second hand uniform items this Thursday!

For more information contact Kerrin on 0414 199 877

F.L’S PROPERTY MAINTENANCE

- Repair leaking shower recess without removing original tiles
- Glass protection for glass shower screens
- Non-slip for tiled floor areas
- Leaking balconies
- Roof leaks, pointing of moving roof tiles
- Painting (internal & external)
- Pressure cleaning (paths & driveways)
- All general building maintenance
- Qualified tradesman – 25 years experience
  Licence number: 19797c

MOBILE NUMBER: 0427 644 251

Discover - The excellence in you
City West Taekwondo offers students the opportunity to learn a martial art for life.

With programs for ages 5 to adults, City West Taekwondo is a community club that not only provides mental and physical stimulation, but also encourages and promotes confidence through member participation in demonstrations and competitions from club level, through to International and Olympic level.

Bookings for term 4 are now being taken.
Phone: 9748 8833 or 0431 761 958