Dear Parents and Students,

The District Swimming sports are coming up at the end of February and to give as many students as possible the opportunity to participate and represent Seabrook, a training group will commence at the Laverton Pool (Jennings St. Laverton).

This will start on Thursday the 30th January from 7.00-8.00 a.m (The second day back at school).

We have been very successful at the swimming sports over many years, mainly due to the hard work of our squad group leading up to the day. So we invite all students from grade 3 to 6 (who are 9 - 12+ or turning 9 years old by the 31st of December 2014, which means you can be 8 when swimming is on) to come along and have a swim, work on your fitness, technique or just have some fun. Last year was a great success with more than 30-40 children coming most mornings. I hope to see many of those children returning this year as well as some new students trying out and having fun.

Training will then be on the following days at Laverton Pool with Mrs. Joyce (qualified coach): Monday Feb 3rd, Thursday Feb 6th and Thursday Feb 13th. This will be our final training session at Laverton. Unfortunately Monday 10th Feb is unavailable for training and other days are booked up. So we'll just have a break until the following Thursday, but students can do a session or two on their own in between.

During the week of February 17th - 21st we will have our final training and Trials at Werribee Outdoor Pool (Watton St. Werribee), which is where the sports carnival will held.

We will let parents know about these arrangements during our five sessions at Laverton. Parents will need to drop off their children at the pool and then pick them up afterwards or make appropriate arrangements with other parents. If anyone has problems with transport please come and see Mrs. Joyce or Mr. Ganley or contact the school and we'll try and arrange something for you.

The cost each morning will be $3 for entry to the pool (Laverton), which can be paid at the counter on arrival. The children will then have breakfast provided back at school in the Gym, which will also allow them to get to know each other socially. It doesn't matter if you can't make all the sessions, just come to the ones you can. It won't reduce your chances of making the final team when we have trials (especially if you are already training in the mornings or afternoon in a Squad or Club).

If any parents would like to assist in serving breakfast, please let me know at the pool on the first Friday. It would be greatly appreciated if we could have a couple each morning.

Thanks

Blair Ganley
(P.E Co-ordinator)

Return to Mrs. Joyce at the office before end of year, or at the pool the 1st session you attend

Seabrook Swimming Training 2014- January 30th, February 3rd, 6th & 13th
Laverton Pool (Jennings St. Laverton) 7am-8am.

I give permission for my child ........................................ to participate in the School Swimming Training at Laverton Pool and I authorise the teacher in charge to consent where it is impracticable to communicate with me to the child receiving any medical or surgical treatment as may be deemed necessary.

Signed:__________________________________________________ (Parent/Guardian)

Contact No in case of an emergency______________________________